

CERTIFICATE

OF PARTICIPATION

This is to certify that

Frances Lizar

Has successfully participated & completed the

10km Zwartkop Nite Race Series 2018/2019 - Race 2

held at Zwartkops Country Club.

TIME 01:00:48

PACE 06:03/km

OVERALL 38 of 76

12 December 2018, Wed

Date

GENDER 16 of 37

50 - 59 2 of 6



BoutTime

Signature